



# BODY SLIM programme

6. 1. – 20. 12. 2026

Grand hotel Rogaška **★★★★SUPERIOR**

Effective, individually adjusted modern slimming.

## Programme goals:

Smaller dimension and body weight / burning of fat deposits and acceleration of metabolism / regeneration of tissue and increased elasticity / strengthening of the muscle system and loose body parts / better flexibility.

- Individual exercise plan and professional help.
- Use of methods that give proven results.
- Special power of the drinking cure with healthy mineral water Donat.
- Individually planned meals.

## The programme comprises:

- 7 | 14 | 21 nights' accommodation with full board
- **Special nutrition with personal prepared and served BODY SLIM menu**, full board included breakfast, morning snack, lunch, afternoon snack and dinner
- Free entry to hotel thermal swimming pool, jacuzzi, saunas and fitness of **VIS VITA Spa & Beauty**
- Once a day towel & sauna sheet in Vis Vita Spa & Beauty
- Use of bathrobe
- Free entry to thermal outdoor and indoor swimming pools of Rogaška Riviera (in summer season)
- Free Wi-Fi
- Free entry into the Casino HIT Fontana
- Animation programme (Water gymnastic, morning gymnastic, Nordic walking trips, dance...)

## The programme BODY SLIM comprises:

- **General consultation with a SPA therapist** at the beginning of the program (possibility of consultation with a specialist doctor for an additional fee)
- Detailed **bio impedance tissue analysis** (InBody 570) at the beginning and end of the programme.
- Individually adjusted **diet plan**.
- **Drinking cure with healthy mineral water Donat**.
- **Therapies:**

Therapies:	7	14	21	days	
	1x	2x	3x	Body peeling and slimming seaweed pack	50 min
	2x	4x	6x	Detox bath	20 min
	3x	6x	9x	Anti-cellulite massage	20 min
	3x	6x	9x	Aroma wrap deep cleansing therapy	40 min
	2x	4x	6x	Pressotherapy	20 min
	1x	2x	3x	Medical deep tissue	50 min
	<b>12x</b>	<b>24x</b>	<b>36x</b>		

- **Physical activities:** Exercise in fitness centre, exercises for rejuvenation, Nordic walking, exercise in the water, saunas: infrared, steam and Finnish.



## PRICE of the programme included full board and special BODY SLIM - diet

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<b>7 nights</b>	Double room	Single use room
<b>COMFORT   PREMIUM room</b>	<b>1.582 EUR</b>	<b>1.722 EUR</b>
<b>14 nights</b>	Double room	Single use room
<b>COMFORT   PREMIUM room</b>	<b>3.095 EUR</b>	<b>3.375 EUR</b>
<b>21 nights</b>	Double room	Single use room
<b>COMFORT   PREMIUM room</b>	<b>4.598 EUR</b>	<b>5.018 EUR</b>

Prices are in EUR and per person / program in double room. VAT is included in price.

#### Extra charges:

- Tourist tax: **3,00 EUR** / person per day for adults, children **1,50 EUR** / person per day
- Registration fee: **2,50 EUR** / person / arrival or registration (adults and children from 12 years onwards)
- Supplement for consultation with a specialist doctor (after prior reservation): **60 EUR**
- Extra charge for rooms with park view / per person per day: **10 EUR**
- Surcharge for Premium Suite | park **70 EUR** / person per day | Single use **120 EUR** / person per day

#### General conditions:

- The number of rooms is limited. We reserve the rights to change prices.
- Free cancellation is possible up to 7 days prior to arrival.
- In case of cancellation from one to 6 days prior to arrival, we charge 30% of total amount of reservation.
- In case of cancellation on the day of arrival, shortening of the reservation or no-show, the full amount of the reservation will be charged.
- Cancellation policy and Special offers are valid according PRICE LIST 2026 (valid from 6. 1. – 20. 12. 2026).
- Other surcharges are valid according regular Price list 2026.
- Prices are valid from 1. 7. 2025.

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info@rogaska-resort.com

Tel: +386 3 811 2000 | www.rogaska-resort.com