



BODY SLIM programme

7. 1. – 22. 12. 2024

Grand hotel Rogaška **★★★★SUPERIOR**

Effective, individually adjusted modern slimming.

Programme goals:

Smaller dimension and body weight / burning of fat deposits and acceleration of metabolism / regeneration of tissue and increased elasticity / strengthening of the muscle system and loose body parts / better flexibility.

- Individual exercise plan and professional help.
- Use of methods that give proven results.
- Special power of the drinking cure with healthy mineral water Donat.
- Individually planned meals.

The programme comprises:

- 7 | 14 | 21 nights' accommodation with full board
- **Special nutrition with personal prepared and served BODY SLIM menu**, full board included breakfast, morning snack, lunch, afternoon snack and dinner
- Free entry to hotel thermal swimming pool, jacuzzi, saunas and fitness of **VIS VITA Spa & Beauty**
- Once a day towel & sauna sheet in Vis Vita Spa & Beauty
- Use of bathrobe
- Free entry to thermal outdoor and indoor swimming pools of Rogaška Riviera (in summer season)
- Free Wi-Fi
- Free entry into the Casino HIT Fontana
- Animation programme (Water gymnastic, morning gymnastic, Nordic walking trips, dance...)

The programme BODY SLIM comprises:

- **General consultation with a SPA therapist** at the beginning of the program (possibility of consultation with a specialist doctor for an additional fee)
- Detailed **bio impedance tissue analysis** (InBody 570) at the beginning and end of the programme.
- Individually adjusted **diet plan**.
- **Drinking cure with healthy mineral water Donat**.
- **Therapies:**

Therapies:	7	14	21	days	
	1x	2x	3x	Body peeling and slimming seaweed pack	50 min
	2x	4x	6x	Detox bath	20 min
	3x	6x	9x	Anti-cellulite massage	20 min
	3x	6x	9x	Aroma wrap deep cleansing therapy	40 min
	2x	4x	6x	Pressotherapy	20 min
	1x	2x	3x	Medical deep tissue	50 min
	12x	24x	36x		

- **Physical activities:** Exercise in fitness centre, exercises for rejuvenation, Nordic walking, exercise in the water, saunas: infrared, steam and Finnish.



PRICE of the programme included full board and special BODY SLIM - diet

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7 nights	Double room	Single use room
COMFORT PREMIUM room	1.536 EUR	1.676 EUR
14 nights	Double room	Single use room
COMFORT PREMIUM room	2.973 EUR	3.253 EUR
21 nights	Double room	Single use room
COMFORT PREMIUM room	4.360 EUR	4.780 EUR

Prices are in EUR and per person / program in double room. VAT is included in price.

Extra charges:

- Tourist tax: **3,00 EUR** / person per day for adults, children **1,50 EUR** / person per day
- Registration fee: **2,50 EUR** / person / arrival or registration (adults and children from 12 years onwards)
- Supplement for consultation with a specialist doctor (after prior reservation): **60 EUR**
- Extra charge for rooms with park view / per person per day: **10 EUR**
- Surcharge for single room: room COMFORT **10 EUR** / day | room PREMIUM park **20 EUR** / day
- Surcharge for Premium Suite **70 EUR** / person per day | Single use **100 EUR** / person per day
- Surcharge for Premium Suite | park **100 EUR** / person per day | Single use **130 EUR** / person per day

General conditions:

- The number of rooms is limited. We reserve the rights to change prices.
- Free cancellation is possible up to 7 days prior to arrival.
- In case of cancellation from one to 6 days prior to arrival, we charge 30% of total amount of reservation.
- In case of cancellation on the day of arrival, shortening of the reservation or no-show, the full amount of the reservation will be charged.
- Cancellation policy and Special offers are valid according PRICE LIST 2024 (valid from 7. 1. – 22. 12. 2024).
- Other surcharges are valid according regular Price list 2024.
- Prices are valid from 16. 10. 2023.

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